



ST PAUL'S PARISH NEWS

11th March 2021

Sunday Worship 14th March 2021 Mothering Sunday

09.45 Service of the Word online on our St Paul's Scotforth
YouTube channel

<https://www.youtube.com/channel/UctJUjp8QOUAnLzbhP0rxaJA>

or if your device allows just scan the QR code



Wednesday at 09.15: Morning Prayer by telephone
conferencing (please contact Margaret Ives for more
information – tel: 67346)

Thursday at 21.30: Compline by telephone conferencing (please
contact Tony Walker for more information – tel: 382397)

Readings for next Sunday:

Jeremiah 31:31-34; Hebrews 5: 5-10; John 12: 20-33

Lent Midweek Services: *During Lent we will be providing midweek services on Wednesdays on our YouTube channel. There will be a range of different services so please take the opportunity to try ones that you are not familiar with. All of the services will be made available at 09.00 on the day and will remain on YouTube throughout Lent. If you would like to worship as part of our wider virtual church family, please do so at the times shown below.*

Wednesday 24th February at 09.15 Morning Prayer

Wednesday 3rd March at 19.30 Iona Service

Wednesday 10th March at 18.00 Evening Prayer

Wednesday 17th March at 19.30 Reflective Prayer

Wednesday 24th March at 21.30 Compline (Night Prayer)

Worshipping God, Growing in Faith, Serving the community

A message from Reverend Rebecca:

Mothering Sunday can be a time of both thankfulness and sorrow, particularly this year when we are socially distanced from those we love.

Having grown up in Canada with 'Mother's Day,' which is weighed down by commercialism and hype, 'Mothering Sunday' in the UK allows us to make some space during Lent. Yes, we celebrate our mothers but we focus on 'mothering' - on the Church and those people in our lives who nurture, love, and care for us - and for whom we love.

This Mothering Sunday our sermon Lenten theme continues with the 'r-word' *repair* and *plasters* as our household object. We will stop to think about God's mothering love and how Jesus repairs and heals us.

A Prayer for Mothering Sunday:

Loving God,

Thank you for mums and children
and for all the joy of family life.

Be with those who are grieving because they have no mother;
Be close to those who are struggling because they have children;
Be near to those who are sad because they are far apart from those they love.

Let your love be present in every home,
And help you church to have eyes to see
And ears to hear the needs of all who come.
We ask this in the name of Jesus Christ our Lord.
Amen.



FOR OUR PRAYERS

Our mission Partners: Stephen and Marit Impey managing Wycliffe Bible Translators Ethiopian work, the work of Global Link and MIND (Lancashire).

From our Parish prayer diary: Knowe Hill Crescent, Heversham Close, Arnside Close, Barnacre Close

From our Church prayer diary: Rev Rebecca and all our Clergy

Those who have asked for prayers for healing: Alan, Kath and family, Mary Wilson, Eunice Parkinson, Marion Corkill, Katherine McHale, Pat Mitchell, John Fidler, Sarah Huddleston

All who mourn: Margaret Aileen Jones, Barbara Hinde, Mary Mattinson, Margaret Wight Hogg. Those who have died due to the coronavirus.

Collect for 14th March 2021:

God of compassion, whose Son Jesus Christ, the child of Mary, shared the life of a home in Nazareth, and on the cross drew the whole human family to himself: strengthen us in our daily living that in joy and in sorrow we may know the power of your presence to bind together and to heal; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Readings for Sunday 14th March:

Psalm 107: 1-3, 17-22

O give thanks to the LORD, for he is good; for his steadfast love endures for ever. Let the redeemed of the LORD say so, those he redeemed from trouble and gathered in from the lands, from the east and from the west, from the north and from the south.

Some were sick through their sinful ways, and because of their iniquities endured affliction; they loathed any kind of food, and they drew near to the gates of death. Then they cried to the LORD in their trouble, and he saved them from their distress; he sent out his word and healed them, and delivered them from destruction. Let them thank the LORD for his steadfast love, for his wonderful works to humankind. And let them offer thanksgiving sacrifices, and tell of his deeds with songs of joy.

John 3: 14-21

And he appointed twelve, whom he also named apostles, to be with him, and to sent out to proclaim the message, and to have the authority to cast out demons. So he appointed the twelve, Simon (to whom he gave the name Peter); James son of Zebedee and John the brother of James (to whom he gave the name Boanerges, that is, Sons of Thunder); and Andrew, and Philip, and Bartholomew, and Matthew, and Thomas, and James son of Alphaeus, and Thaddaeus, and Simon the Cananaean, and Judas Iscariot, who betrayed him. Then he went home; and the crowd came together again, so that they could not even eat. When his family heard it, they went out to restrain him, for people were saying, 'He has gone out of his mind.'

A message from Reverend Claire: During this season of lent, I will be praying for Hala and I invite you to join me.

You might like to use the prayer below as a starting point to pray. Feel free to pray alone or with a friend over the phone, or you may like to join me on Zoom on Sunday

mornings after the online service. You can email me at claire@stpauls-scotforth.org for the details of the zoom call. The link remains the same for each week.



A Lenten Prayer for Hala - based on Matthew 28:16-20

Lord Jesus, we come to you in worship.

We come as we are, bringing our hopes and dreams,
our fears and doubts, our joys and challenges.

Thank you that you welcome us.

We pause to wonder at your glory.

We recognise that we are your people.

We stand in your authority, only because you have given it to us.

Without you, our best efforts are empty.

Teach us to embrace our weakness, that in you, we may find
strength.

We pause to submit ourselves to you and commit ourselves to your
will once again.

We hear your command to go.

We feel the discomfort of stepping out of what is familiar to us.

We name our fear and the things we don't want to leave behind.

Teach us to follow you; that we might grow in trust in you.

We pause to count the cost and choose to obey your command.

We look to your example of making disciples, of sharing life
generously.

Help us to speak well of you, to point to the work you are doing
in people's lives.

We ask you to bring new life to Hala;

For answered prayers and lives lived in celebration and obedience
to you.

We pause to name those we know in Hala and ask for your blessing
upon them.

We are thankful of your promise to be with us, always.

We take confidence in this alone.

Your presence with us is enough, Jesus.

We pause to be still and know you are God.

We pause to recognise your love holds us and sends us.

We pause to notice how your spirit leads us today.

Hope in our Hands – by Hugh Kidd

Six months in . . .



I want to tell you about our house. We have been living in it for six months after a retrofit to lower its carbon foot print and make it cheaper to run. A three-bed UK house like ours uses on average around 12000kWh of energy each year to heat its space & water. If the heating is by a gas boiler then that puts 2.5 tonnes of carbon into the atmosphere.

(See <https://nottenergy.com/resources/energy-cost-comparison/> for more detail.)

We have added significant insulation to our house and continue to experiment the way we live in it. I estimate that at the end of this first year we will have used about 10000 kWh of energy on heating our space & water - putting 2.1 tonnes of carbon into the atmosphere. This is below the average but I admit I am disappointed the changes we've made haven't lead to a bigger reduction. Regular meter readings are the best feedback and as we learn more we will make further changes. In the journey towards zero carbon (<https://www.youtube.com/watch?v=lpd1MYj06G4>), I would find it helpful to share tips, ideas and meter readings across households. If anyone is interested in a conversation please get in touch (hkadmin@phoncoop.coop).

One comparison I can make is with our church building. St Paul's monitors its gas and electricity use and in 2019 (pre-pandemic), the main church building burned 52,769 kWh of gas over the year - equivalent to over four average houses. Heating the church over that year emitted 11.1 tonnes of carbon.

Finally a playful alternative - a bit whacky but we need to experiment with alternative ideas. A heated personal jacket (costing from £40 with battery) directs heat to the individual person. It uses a penny's worth of electricity to warm you for 3-10 hours. Sounds crazy, but it seems to work see <https://t.co/A0JloXMXMW>.

Deanery Quiz:

We are one of 17 parishes in the Lancaster and Morecambe Deanery. How well do you know the 22 places of worship in our Deanery?

1. No surprise that The Priory has the longest history of worship on the site – going back to the 5th century. Which church has the second longest history of worship?
2. How many churches have spires in the Deanery?
3. Which church is the most recent?
4. Which church is the most southerly?
5. Which church is closest to the sea?
6. There is a village in our Deanery with an association to an aquatic mammal – which saint is its church dedicated to?
7. Which church is at the highest elevation above sea level?
8. A few of our churches are named after less well-known saints. Which saint undertook missionary journeys with St Paul and is described in the Bible as "a good man, and full of the Holy Spirit and of faith".
9. Three churches in the Deanery have the same dedication. Which ones are they?
10. Only 2 churches are dedicated to women. Which ones are they?

Fairtrade Easter Eggs by Arton Medd:

In last weeks' notice I omitted the phone number which can be used as an alternative to online ordering from Traidcraft. It is 0191 491 0855.



Submissions for the Parish News

The deadline each week is Tuesday at noon but we can always add contributions to the following week's Parish News. We look forward to receiving your contributions and supporting each other in the Body of Christ during this time. Please email the parish office, leave a message on the answer machine for a telephone submission or post/leave an article for the Parish Office in the Parish Hall letterbox.



If you would like to financially support the mission and

ministry of St Paul's Church then please visit our online giving page by clicking on the Give a Little logo on our website – <https://stpauls-scotforth.org> – thank you.



.....
• **VICAR:** Rev Rebecca Aechtner - Tel: 749693
• Email: vicar@stpauls-scotforth.org
• *Rest day – Friday: Please try not to call except in an emergency.*
• **PIONEER MINISTER:** Rev Claire Cooke
• Email: Claire@stpauls-scotforth.org
• *Work days are Tuesday, Thursday and Sunday*
• **WARDENS:** Mrs Jayne Weatherill – Tel: 60597; email: sjaynewweatherill@gmail.com
• and Mr Tony Walker – Tel: 382397; email: walkerar@hotmail.co.uk
• **PARISH OFFICE:** the office is remaining closed at this time, however the telephone and email will be monitored and we will get back to you as soon as possible. Tel: 01524 843135
• Email: office@stpauls-scotforth.org
• **BAPTISMS AND WEDDINGS:** Booking enquiries - please contact the parish office or
• Email: lifeyvents@stpauls-scotforth.org
• **CHURCH WEBSITE:** www.stpauls-scotforth.org
• **FACEBOOK:** regular updates about life at St Paul's can be found:
• @scotforthstpaulschurch
•