



# ST PAUL'S PARISH NEWS



29<sup>th</sup> July 2021

## Sunday Worship 1<sup>st</sup> August 2021 Ninth Sunday after Trinity

09:45 Service of Holy Communion at St Paul's Scotforth Road  
*(there will be singing of hymns at the front of church at the end of the service)*  
and online  
on our St Paul's Scotforth YouTube channel  
around 1pm



<https://www.youtube.com/channel/UCtJUjp8QOUAnLzbhP0rxaJA>  
or if your device allows just scan the QR code

11:15 Service of Holy Communion at  
St Paul's Hala Worship Centre

Booking ahead for church services is no longer required, but  
we **encourage** emailing or phoning the office to prevent  
queues forming outside the church and Hala Centre as we are  
still asked to keep 'track and trace' information.

**Wednesday at 09.15: Morning Prayer** by telephone conferencing  
(please contact Margaret Ives for more information – tel: 67346)

**Thursday at 21.30: Compline** by telephone conferencing (please  
contact Tony Walker for more information – tel: 382397)

## A message from Reverend Claire:



### **Be still and know I am God**

At St Paul's, Hala, this phrase from Psalm 46:10 hangs on the wall.

Over summer, I will slowly reflect on this phrase, one step at a time.

BE still and know I am God...

BE...

Earlier in July, I shared some of the ways in which I feel God might be leading us forwards as we begin a new chapter as the church in Hala. In new things, there can be a risk of jumping quickly into 'what can we DO?' Of course, our faith should lead us to serve people and so we will do new things in new ways in order to meet new needs and this is exciting! However, for us, we must also remember that we are particularly called to BE the church in our whole parish. It is out of that identity we live and serve. I recently read that 'church' is the plural of 'disciple'. That means that as we come together as the church, we do so as disciples of Jesus. People who have a living relationship with Jesus, sitting at his feet to learn in his presence, discovering him as we prayerfully read scripture, worship him and find ways and places to just 'be' with God. The first thing God did when he created humanity was to pause to enjoy us after he states that we are 'very good'. (see Genesis 1). Humans had not yet achieved anything and yet God is so captivated by us that his desire for us causes him to pause and rest with us... not because he was tired, but to simply enjoy *being* with his Human *Beings*.

I encourage you to take some time today to pause and just 'be' with God. That might be in nature, or listening to music or enjoying some silence. However you pause, resist the temptation to achieve something with or for God and just enjoy his presence with you, considering that God is enjoying you in that time too.

## **FOR OUR PRAYERS**

**Our mission Partners:** Stephen and Marit Impey managing Wycliffe Bible Translators Ethiopian work, the work of Global Link and MIND (Lancashire).

**From our Parish prayer diary:** Warwick Avenue, Chester Place, Durham Avenue

**From our Church prayer diary:** The Care and Share Group

**Those who have asked for prayers for healing:** Alan, Kath and family, Mary Wilson, Eunice Parkinson, Marion Corkill, Katherine McHale, Eileen Slinger, Jacqueline Gothard, Rev Rebecca

**All who mourn:** Peter Lamb and those who have died due to the coronavirus.

### **Collect for 1<sup>st</sup> August 2021:**

Almighty God,  
who sent your Holy Spirit  
to be the life and light of your Church:  
open our hearts to the riches of your grace,  
that we may bring forth the fruit of the Spirit  
in love and joy and peace;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## **Readings for 1<sup>st</sup> August 2021:**

### **Ephesians 4.1-16**

<sup>4</sup> I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, <sup>2</sup>with all humility and gentleness, with patience, bearing with one another in love, <sup>3</sup>making every effort to maintain the unity of the Spirit in the bond of peace.

<sup>4</sup>There is one body and one Spirit, just as you were called to the one hope of your calling, <sup>5</sup>one Lord, one faith, one baptism, <sup>6</sup>one God and Father of all, who is above all and through all and in all. <sup>7</sup> But each of us was given grace according to the measure of Christ's gift.

<sup>8</sup>Therefore it is said, 'When he ascended on high he made captivity itself a captive; he gave gifts to his people.'

<sup>9</sup>(When it says, 'He ascended', what does it mean but that he had also descended\* into the lower parts of the earth? <sup>10</sup>He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) <sup>11</sup>The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, <sup>12</sup>to equip the saints for the work of ministry, for building up the body of Christ, <sup>13</sup>until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. <sup>14</sup>We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. <sup>15</sup>But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, <sup>16</sup>from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

### **John 6.24-35**

<sup>24</sup>So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. <sup>25</sup> When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' <sup>26</sup>Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves.'

<sup>27</sup>Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' <sup>28</sup>Then they said to him, 'What must we do to perform the works of God?' <sup>29</sup>Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' <sup>30</sup>So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing?' <sup>31</sup>Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat." ' <sup>32</sup>Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. <sup>33</sup>For the bread of God is that which\* comes down from heaven and gives life to the world.' <sup>34</sup>They said to him, 'Sir, give us this bread always.' <sup>35</sup> Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

## **Post Communion Prayer for 1<sup>st</sup> August 2021:**

Holy Father,  
who gathered us here around the table of your Son  
to share this meal with the whole household of God:  
in that new world where you reveal the fullness of your peace,  
gather people of every race and language to share in the eternal  
banquet of Jesus Christ our Lord.

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### **Readings for next Sunday:**

2 Samuel 18.5-9, 15, 31-33; Psalm 130; Ephesians 4.25-5.2;  
John 6.35, 41-51

***At St Paul's, Hala, we will be reading through Luke chapter 6 over summer to learn how we build our lives on Jesus, the solid foundation. Readings will be available at the service.***

## Save Our Soil an article by Julie Forsdick:

I love our allotment, and nothing tastes better than an ear of fresh homegrown corn.

Allotments are wondrous places, full of life: vegetables, fruit, flowers, weeds, fungi, insects, birds, and other creatures. The source of this abundance of life is well tended soil.

Across the planet the soil is under threat in multiple ways. Humans have been digging up peat bogs, felling trees and clearing meadows for centuries. More recently intensive farming and climate change have added to the problems. This in turn threatens our food security, wildlife and contributes to climate change.

We can help by using no-dig growing methods, gardening for wildlife, planting trees etc. However, to quote the European Environment Agency: "Without healthier soils and a sustainable land and soil management, we cannot tackle the climate crisis, produce enough food and adapt to climate change."

The soil is an amazing, wonderful resource that we need to care for, as it provides for us.



Julie's words on the soil are to accompany this panel she has made for the Loving Earth Project.

It's not too late if you would like to make a panel to send to the project for display at COP26 in Glasgow later this year. The details are at: <https://lovingearth-project.uk>

**Contactless Giving in Church is now available.** Our machine will be at the back of church so that on your way out, rather than giving a cash donation, you could consider giving by card.



## Parish Walk:



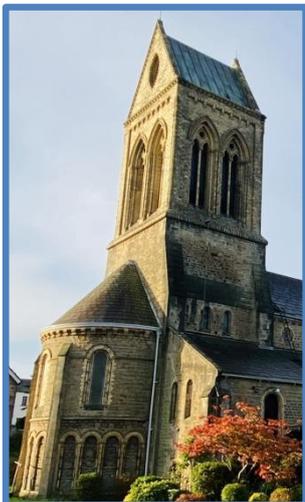
Our next walk will be on August 8<sup>th</sup>, meeting in the church gardens at 12.15. It will be just over 4 miles and we will walk along the quay and back. Last month we had a lovely walk up to

Claver Hill Community Farm and then back through the park on the way we saw some interesting gardens. All are welcome.

Please contact Maureen Leach 07531285199 for further details.



## Church Tower Appeal:



As you will know we are starting to have some urgent repair work on our church tower. However, this essential work comes at a cost of £71,250 which is, under the current financial climate, a large drain on our resources.

We are very aware that we have asked for your help and support a lot over the last 16 months for which we are so grateful for when you have answered our calls. However, we realised that we need to go

‘wider’ with our appeal for support and have set up a ‘Crowdfunder’ page – the link to which is below where you can make a card donation or scan the QR Code. It also has an amazing video put together by Tony which gives you a different viewpoint on our tower, literally.

<http://www.crowdfunder.co.uk/lancaster-landmark-tower-appeal-71250-prayers>.

### *How else can you help?*

- If you have Facebook you can LIKE and SHARE the post about the Crowdfunder page;
- If you would like to make a donation but don't have access to the internet then you can send a cheque to the Parish Office, St



Paul's Parish Hall, Scotforth Road, Lancaster, LA1 4TS – please write 'Tower Appeal' on the reverse of the cheque. Or if you contact us then we can let you have our bank account details to make a BACs transfer;

- Please tell your friends and family.

If you have any questions about how you can donate or the building project then please contact either Jayne or Tony via the Parish Office.

## Submissions for the Parish

### News:

The deadline each week is Tuesday at noon but we can always add contributions to the following week's Parish News. We look forward to receiving your contributions and supporting each other in the Body of Christ during this time. Please email the parish office, leave a message on the answer machine for a telephone submission or post/leave an article for the Parish Office in the Parish Hall letterbox.

**If you would like to financially support the mission and ministry of St Paul's Church then please visit our online giving page by clicking on the DONATE button on our website – <https://stpauls-scotforth.org> – thank you.**

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• **VICAR:** Rev Dr Rebecca Aechtner –  
• currently on Extended Leave – please  
• contact a Churchwarden for any  
• enquiries.  
• **PIONEER MINISTER:** Rev Claire Cooke:  
• Email: [Claire@stpauls-scotforth.org](mailto:Claire@stpauls-scotforth.org)  
• *Work days are Tuesday, Thursday and*  
• *Sunday*  
• **WARDENS:**  
• Mrs Jayne Weatherill:  
• Tel: 60597; Email:  
• [sjayneweatherill@gmail.com](mailto:sjayneweatherill@gmail.com)  
• Mr Tony Walker:  
• Tel: 382397; Email:  
• [walkerar@hotmail.co.uk](mailto:walkerar@hotmail.co.uk)  
• **PARISH OFFICE:** The office is open  
• Monday – Friday from 9.30am – 12  
• noon. Tel: 01524 843135  
• Email: [office@stpauls-scotforth.org](mailto:office@stpauls-scotforth.org)  
• **BAPTISMS AND WEDDINGS:** Booking  
• enquiries - please contact the parish  
• office or  
• Email: [lifeyvents@stpauls-scotforth.org](mailto:lifeyvents@stpauls-scotforth.org)  
• **CHURCH WEBSITE:**  
• <https://stpauls-scotforth.org>  
• **FACEBOOK:** regular updates about life  
• at St Paul's can be found:  
• @scotforthstpaulschurch  
• .....