



ST PAUL'S PARISH NEWS



5th August 2021

Sunday Worship 8th August 2021 Tenth Sunday after Trinity

09:45 Service of the Word at St Paul's Scotforth Road
(there will be singing of hymns at the front of church at the end of the service)
and online

on our St Paul's Scotforth YouTube channel
around 1pm

<https://www.youtube.com/channel/UCtJUjp8QOUAnLzbhP0rxaJA>

or if your device allows just scan the QR code



SCAN ME

11:15 Service of the Word at
St Paul's Hala Worship Centre

Booking ahead for church services is no longer required, but we **encourage** emailing or phoning the office to prevent queues forming outside the church and Hala Centre as we are still asked to keep 'track and trace' information.

Wednesday at 09.15: Morning Prayer by telephone conferencing
(please contact Margaret Ives for more information – tel: 67346)

Thursday at 21.30: Compline by telephone conferencing (please contact Tony Walker for more information – tel: 382397)

A message from Reverend Claire:



Be still and know I am God Psalm 46:10

This past year has been an odd one when talking about stillness. In one respect, this past 18 months has perhaps made us the most still we have been as a country, or even the world, in a long time. During the first lockdowns, in Easter 2020, the roads were unusually quiet, there

were no cloud trails across the skies as planes were grounded and pollution levels dropped dramatically and almost overnight. For many of us, our daily routines ground to a halt. Meanwhile, others worked harder than ever as we all adjusted to cope with the ever-changing challenges of the pandemic.

This mix of stillness and chaos has followed us through much of the year. As isolations and restrictions on travel, catering, entertainment and other 'non-essential' activities made us stay home more, there has also been an increasing unsettling. We have shown ourselves to be quite divided as a nation on countless political, social and health related issues. We can also find ourselves unsettled within our own hearts and minds, with worry, fear and anxiety.

When Jesus was in a boat with the disciples, facing a frightening stormy weather, he slept. His stillness was coming from somewhere within as the storm raged outside. When the disciples woke him because they were afraid, Jesus spoke to the storm, saying 'Quiet! Be Still!' (see Mark 4:35-41) Then turning to the disciples, Jesus asks

'Why are you so afraid? Do you still have no faith?' Jesus' faith was in his Father who is love. This gave him faith that no matter what, he was safe in his Father's care.

I wonder what you fear? What is unsettling you this week? I encourage you to take some time with your heavenly father. Tell him your concerns and ask him to give you faith that in his care you can be at peace, being still on the inside and outside, regardless of the circumstances you face. Remember you face them with Jesus.

FOR OUR PRAYERS

Our mission Partners: Stephen and Marit Impey managing Wycliffe Bible Translators Ethiopian work, the work of Global Link and MIND (Lancashire).

From our Parish prayer diary: Bedford Place, Rutland Avenue, Gloucester Avenue

From our Church prayer diary: Hala Over 60's

Those who have asked for prayers for healing: Alan, Kath and family, Mary Wilson, Eunice Parkinson, Marion Corkill, Katherine McHale, Eileen Slinger, Jacqueline Gothard, Rev Rebecca

All who mourn: Peter Lamb and those who have died due to the coronavirus.

Collect for 8th August 2021:

Let your merciful ears, O Lord,
be open to the prayers of your humble servants;
and that they may obtain their petitions
make them to ask such things as shall please you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Readings for 8th August 2021:

Ephesians 4.25-5.2

²⁵ So then, putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. ²⁶ Be angry but do not sin; do not let the sun go down on your anger, ²⁷ and do not make room for the devil. ²⁸ Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. ²⁹ Let no evil talk come out of your mouths, but only what is useful for building up,* as there is need, so that your words may give grace to those who hear. ³⁰ And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. ³¹ Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, ³² and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you.*
⁵¹ Therefore be imitators of God, as beloved children, ² and live in love, as Christ loved us* and gave himself up for us, a fragrant offering and sacrifice to God.

John 6.35, 41-51

³⁵ Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. ⁴¹ Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' ⁴² They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?' ⁴³ Jesus answered them, 'Do not complain among yourselves. ⁴⁴ No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. ⁴⁵ It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. ⁴⁶ Not that anyone has seen the Father except the one who is from God; he has seen the Father. ⁴⁷ Very truly, I tell you, whoever believes has eternal life. ⁴⁸ I am the bread of life. ⁴⁹ Your ancestors ate the manna in the wilderness, and they died. ⁵⁰ This is the bread that comes down from

heaven, so that one may eat of it and not die. ⁵¹I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

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Readings for next Sunday:

Isaiah 61.10-end or Revelation 11.19-12.6, 10; Psalm 45.10-end; Galatians 4.4-7; Luke 1.46-55

At St Paul's, Hala, we will be reading through Luke chapter 6 over summer to learn how we build our lives on Jesus, the solid foundation. Readings will be available at the service.

Parish Walk:



Our next walk will be on August 8th, meeting in the church gardens at 12.15. It will be just over 4 miles and we will walk along the quay and back. Last month we had a lovely walk up to Claver

Hill Community Farm and then back through the park on the way we saw some interesting gardens. All are welcome. Please contact Maureen Leach 07531285199 for further details.



Happy Birthday!

A very happy birthday to Pam Simon who will be 90 on 7th August.

Contactless Giving in Church is now available. Our machine will be at the back of church so that on your way out, rather than giving a cash donation, you could consider giving by card.



Church Tower Appeal:

As you will know we are starting to have some urgent repair work on our church tower. However, this essential work comes at a cost of £71,250 which is, under the current financial climate, a large drain on our resources.



We are very aware that we have asked for your help and support a lot over the last 16 months for which we are so grateful for when you have answered our calls. However, we realised that we need to go 'wider' with our appeal for support and have set up a 'Crowdfunder' page – the link to which is below

where you can make a card donation or scan the QR Code. It also has an amazing video put together by Tony which gives you a different viewpoint on our tower, literally.

<http://www.crowdfunder.co.uk/lancaster-landmark-tower-appeal-71250-prayers>.

How else can you help?

- If you have Facebook you can LIKE and SHARE the post about the Crowdfunder page;
- If you would like to make a donation but don't have access to the internet then you can send a cheque to the Parish Office, St Paul's Parish Hall, Scotforth Road, Lancaster, LA1 4TS – please write 'Tower Appeal' on the reverse of the cheque. Or if you contact us then we can let you have our bank account details to make a BACS transfer;
- Please tell your friends and family.



If you have any questions about how you can donate or the building project then please contact either Jayne or Tony via the Parish Office.

Submissions for the Parish News:

The deadline each week is Tuesday at noon but we can always add contributions to the following week's Parish News. We look forward to receiving your contributions and supporting each other in the Body of Christ during this time. Please email the parish office, leave a message on the answer machine for a telephone submission or post/leave an article for the Parish Office in the Parish Hall letterbox.

If you would like to financially support the mission and ministry of St Paul's Church then please visit our online giving page by clicking on the DONATE button on our website - <https://stpauls-scotforth.org> - thank you.

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• **VICAR:** Rev Dr Rebecca Aechtner –
• currently on Extended Leave – please
• contact a Churchwarden for any
• enquiries.

• **PIONEER MINISTER:** Rev Claire Cooke:
• Email: Claire@stpauls-scotforth.org
• *Work days are Tuesday, Thursday and*
• *Sunday*

• **WARDENS:**

• Mrs Jayne Weatherill:

• Tel: 60597; Email:

• sjayneweatherill@gmail.com

• Mr Tony Walker:

• Tel: 382397; Email:

• walkerar@hotmail.co.uk

• **PARISH OFFICE:** The office is open

• Monday – Friday from 9.30am – 12 noon.

• Tel: 01524 843135

• Email: office@stpauls-scotforth.org
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