



# ST PAUL'S PARISH NEWS

7<sup>th</sup> March 2024



## Sunday Worship – 10<sup>th</sup> March 2024 Lent 4

8:00am - BCP Holy Communion at St Paul's, Scotforth Road

9:45am – Holy Communion at St Paul's, Scotforth Road  
followed by St Paul's Singers Choir Practice

11:15am – Service of the Word at St Paul's, Hala

4:00pm – 'Reflect' – *see message from Rev Catherine inside*

6:30pm – BCP Evening Prayer at St Paul's, Scotforth Road

**Wednesday** at 9:00am – Morning Prayer by telephone conference.

*Please contact Margaret Ives if you would like to join the telephone conference.*

**Thursday** at 9:15am – Holy Communion at St Paul's, Scotforth Road

### Parish Diary:

Date & Time	Name of Event
Monday 11 <sup>th</sup> March at 2pm	Women's Fellowship Meeting at Parish Hall
<b>Sunday 17<sup>th</sup> March:</b>	
8:00am	BCP Holy Communion
9:45am	Holy Communion
11:15am	Service of the Word at St Paul's, Hala
12:30pm	Baptism Service



***Worshipping God,  
Growing in Faith,  
Serving the Community.***

## **FOR OUR PRAYERS**

**Our mission Partners:** For Stephen and Marit Impey's work with Wycliffe Bible Translators International.

**From our Parish prayer diary:** Greenacre Court, Hala Hill, Bentham Road, Bay Horse Drive

**From our Church prayer diary:** All who contribute to the life of the Parish Hall

**Those who have asked for prayers for healing:** Mary Wilson, Mary Smith, John Harding, Ciarán, Jonathan Easton, Tony Walker, Brenda Alexander, Richard Impey

**All who mourn:** Joyce Munro, Thomas Stanway, Ruth Barber

### **Collect for Sunday 10<sup>th</sup> March:**

God of love,  
passionate and strong,  
tender and careful:  
watch over us and hold us  
all the days of our life;  
through Jesus Christ our Lord.

### **Readings for Sunday 10<sup>th</sup> March:**

#### **Exodus 2.1-10**

2Now a man from the house of Levi went and married a Levite woman. 2The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him for three months. 3

When she could hide him no longer, she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. 4His sister stood at a distance, to see what would happen to him. 5 The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. 6When she opened it, she saw the child. He was crying, and she took pity on him. 'This must be one of the Hebrews' children,' she said. 7Then his sister said to Pharaoh's daughter, 'Shall I go and get you a nurse from the Hebrew women to nurse the child for you?' 8Pharaoh's daughter said to her, 'Yes.' So the

girl went and called the child's mother. <sup>9</sup>Pharaoh's daughter said to her, 'Take this child and nurse it for me, and I will give you your wages.' So the woman took the child and nursed it. <sup>10</sup>When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, 'because', she said, 'I drew him out of the water.'

### **Colossians 3.12-17**

<sup>12</sup> As God's chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness, and patience. <sup>13</sup>Bear with one another and, if anyone has a complaint against another, forgive each other; just as the Lord has forgiven you, so you also must forgive. <sup>14</sup>Above all, clothe yourselves with love, which binds everything together in perfect harmony. <sup>15</sup>And let the peace of Christ rule in your hearts, to which indeed you were called in the one body. And be thankful. <sup>16</sup>Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God. <sup>17</sup>And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

### **John 19.25b-27**

<sup>25</sup>And that is what the soldiers did. Meanwhile, standing near the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. <sup>26</sup>When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother, 'Woman, here is your son.' <sup>27</sup>Then he said to the disciple, 'Here is your mother.' And from that hour the disciple took her into his own home.

### **Post Communion Prayer for Sunday 10<sup>th</sup> March:**

Loving God,  
as a mother feeds her children at the breast  
you feed us in this sacrament with the food and drink of eternal life:  
help us who have tasted your goodness  
to grow in grace within the household of faith;  
through Jesus Christ our Lord.

## **Readings for next Sunday:**

Jeremiah 31.31–34; Hebrews 5.5–10; John 12.20–33



**Contactless Giving in Church is now available.** Our machine will be at the back of church so that on your way out, rather than giving a cash donation, you could consider giving by card.

**Submissions for the Parish News:** The deadline each week is **Tuesday at 11.30am**, but we can always add contributions to the following week's Parish News.

We look forward to receiving your contributions and supporting each other in the Body of Christ. Please email the parish office, leave a message on the answer machine for a telephone submission or post/leave an article for the Parish Office in the Parish Hall letter box.



## **Women's Fellowship:**

The Women's Fellowship will be meeting on Monday 11th March in the Parish Hall at 2pm when John Reagan will be telling us about Thurnham Hall and the Daltons. Everyone is welcome to join us.

***Jean Mount***

- **VICAR:** Rev Dr Rebecca Aechtner: Tel: 749693;
- **Email:** [vicar@stpauls-scotforth.org](mailto:vicar@stpauls-scotforth.org)
- ***Rest day is Friday – if you have an urgent enquiry then please contact a Churchwarden.***
- **ASSISTANT PRIEST:** Rev Catherine Haydon: Tel: 07723 642973;
- **Email:** [catherine@stpauls-scotforth.org](mailto:catherine@stpauls-scotforth.org)
- ***Rest day is Tuesday – if you have an urgent enquiry then please contact Rev Rebecca or a Churchwarden.***
- **CHURCHWARDEN:** Mrs Jayne Weatherill:
- **Tel:** 60597 or 07986993007; **Email:** [sjayneweatherill@gmail.com](mailto:sjayneweatherill@gmail.com)
- **PARISH OFFICE:** The office is open Monday to Friday from 9.30am – 12 noon.
- **Closed on Bank Holidays.** Tel: 01524 843135;
- **Email:** [office@stpauls-scotforth.org](mailto:office@stpauls-scotforth.org)
- **BAPTISMS AND WEDDINGS:** Booking enquiries - please contact Jayne Weatherill through the parish office or Email: [lifeyvents@stpauls-scotforth.org](mailto:lifeyvents@stpauls-scotforth.org)
- **CHURCH WEBSITE & HOW TO HIRE OUR ROOMS:**
- <https://stpauls-scotforth.org> then visit the Hiring our Spaces area at the top of the page.
- **FACEBOOK:** regular updates about life at St Paul's can be found: @scotforthstpaulschurch
- **INSTAGRAM:** @scotforthstpauls
- **PASTORAL CARE TEAM:** Our Clergy and Pastoral Care Team are here to listen and to pray.
- You can contact them by either emailing [pastoral@stpauls-scotforth.org](mailto:pastoral@stpauls-scotforth.org) or telephoning Irene on Tel: 64701.
- **Scotforth School:** Headteacher – Mrs Katie Walsh – Tel: 01524 65379

**Electrics in church:** Many of you will remember that we recently



explained about the state of the electric systems in church and not being fully compliant. We are pleased to say that the remedial work is starting on Monday 11<sup>th</sup> March and will take approximately 10-12 weeks to complete, if everything goes according to plan. We are working with the electrician closely

so as not to affect services. Initially work will be taking place Monday – Wednesday each week. If we receive a funeral request then one of the days will be swapped that week to accommodate all service requests. The church will be being cleaned on a Friday morning. The final week of work will be the only week we won't be able to offer services at all as all the new wiring will be finally connected into all the new circuit boxes and the electric supply will have to be switched off for this. We will keep everyone posted about when this final week will be as we will have to cancel the Thursday morning service that week.



# Do you need a venue?

Are you thinking of organising a function, need a place to rehearse for a show, teach a hobby or even hold a meeting?  
Then why not use one of our rooms?

We have a number of rooms available:

**Rooms Prices: Start as little as £9.00 per hour**

Use of the Kitchen: Rates depend on either booking with or without a room

Our letting hours are:

**Monday to Saturday: 8.00 am until 10.30 pm,**  
**Sunday: 8.30am until 8.30 pm**



For more information or to make a booking,  
please visit our website:

<https://stpauls-scotforth.org>

or

**scan the QR Code**

**Office hours: Monday-Friday, 9.30-12.00**

Email: [office@stpauls-scotforth.org](mailto:office@stpauls-scotforth.org)

Tel: 01524 843135

St Paul's Parish Office, St Paul's Parish Hall, Scotforth Road, Lancaster, LA1 4TS



# ANNUAL MEETING



The **Annual meeting (APCM)** is a major event in the parish calendar. This year we are going to incorporate our Annual Meeting within our 9.45am service on Sunday 21<sup>st</sup> April at St Paul's Church. Copies of the Annual Report and accounts will be available on the website, sent out as attachments on the parish news weekly email and be available from the back of church and at Hala by 24<sup>th</sup> March.

The Annual meeting elects Churchwardens for the coming year. We also **elect the Parochial Church Council (PCC)**. On the Church Council we have four vacancies for a 3-year period, three for a 2-year period and three for a 1-year period so if you are interested about the work of the PCC and only want to give it a trial then maybe the 1-year period would be of interest to you.

Please note that you have to be registered on the Electoral Roll for at least six months prior to the AGM to be eligible for election. If you are unsure whether you are on the Roll or would like to go on the Roll then please talk to Jayne, Churchwarden. If you would like to learn about being a member of the Church Council then please talk to either Rev Rebecca, Jayne or pick up a nomination form from the back of church.



**Sidesperson (Welcome Team):** If you are currently a member of the Welcome Team at our 8am and 9.45am services please can you sign the list on the noticeboard at the back of church to indicate that you are willing to

continue in this role for another year. Thank you for all that you do in this role; the welcome received at the front door to church is the first impression that all visitors to our church receive and can make all the difference.

If you are interested in becoming a member of this team then you would be very welcome, there is a safer recruitment process to be followed, as with all volunteer roles in church. Please add your name and contact information to the list on the board and Jayne will be in touch with you. This list will be presented as part of the Annual Parish Meeting on 21<sup>st</sup> April and has to be completed by then for all current and new volunteers.





## **The Church Gardens & Green Bins**

The gardening season is slowly coming to life. The church garden has been a pleasure to look at during the late winter months with lots of snowdrops and the pink flowering daphne shrubs which also give out a lovely fragrance. The purple crocus memorial garden is in full bloom.



The dahlia tubers have been retrieved from the church cellar where they spent the winter. They are now being potted up where hopefully they will come to life in the greenhouse before being planted out for the summer. The gardening team will soon be back in action every Wednesday afternoon by the end of the month. Hopefully the weather will be kinder to us this year, i.e. not too much rain and not too hot.

As the years go by we are desperate for new helpers. All help offered in whatever form would be gratefully accepted. You don't have to know anything about gardening, or come on a Wednesday. All offers of help would be accepted.



However, if you really feel gardening is beyond you we also need your help to pay for the several green bins which are needed both at Church and the Parish Hall. It's surprising how many bins we fill each week despite having a

compost heap. So, if you feel able to sponsor a bin at £45 a time or even give some money towards one, please send your payment to me or the parish office. Cheques should be made payable to Scotforth St Paul's PCC.

Many thanks.

***Maureen Leach***



## **Signs of Spring**

As a mother hen gathers her chicks under her wings so I gathered and tended these pots of bulbs. The question is 'will they, won't they?'

The bulbs planted in the

autumn have been sitting in their pots over the winter. I protected them this time to prevent them becoming too wet and rotting as happened last year. The leaves began to appear early on in the year and I was left wondering if that would be it, as there was no sign of the accompanying flowers.

However, as the days have lengthened, I can now see buds coming - some are the blue grape hyacinths - others narcissi but seemingly not both in the same pot. Who knows why some bulbs come to fruition and others don't - a mystery and a gift to be received and enjoyed in whatever form it appears.

***Katherine Froggatt***

## **'Reflect' Service on Mother's Day**

On Sunday afternoon at 4pm there will be a short reflective service for those who find Mother's Day challenging or difficult for whatever reason. It will be a space to bring all of our complicated emotions before God, the God who shares in our sorrows and frustrations as well as our happiness and joy. All are welcome, not just women, and there will be no need to share why you're there. It will last for approximately half an hour, and will be a quiet space to be with God however we feel.

***Revd Catherine***

## YOUR LOCAL FUNERAL DIRECTORS

*Taking the greatest care*

**TALK TO US ABOUT**  
**CREMATIONS AND BURIALS**  
**SIMPLE FUNERALS | TAILORED FUNERALS**

Horse drawn and alternative hearses  
Colourful coffins | Woodland burials



**PRESTON IRELAND BOWKER**  
Lancaster  
30b Queen Street, LA1 1HX  
01524 64023

**PRESTON IRELAND BOWKER**  
Morecambe  
102 Soften Road, LA3 1UD  
01524 415787



[dignityfunerals.co.uk/local](http://dignityfunerals.co.uk/local)

## William Harris Solicitors

Fixed price Conveyancing, Wills,  
Probate, Powers of Attorney, Trusts,  
Tax and Tax Planning  
at competitive rates

For friendly, personal assistance  
and advice contact Bill Harris

63A, Scotforth Road, Lancaster, LA1 4SD

Tel: 843336

email: [williamharrissolicitors@gmail.com](mailto:williamharrissolicitors@gmail.com)

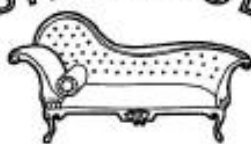
## JEFF HARLOW Electrician



Domestic Installations  
Commercial Installations  
Inspection and Testing  
Acoustic Installation  
Periodic and Condition  
Reports  
Portable Appliance Testing

Office Number: 01524 751599  
Direct Number: 07753 854557  
[jeffharlowelectrical@gmail.com](mailto:jeffharlowelectrical@gmail.com)

## ENGLISH UPHOLSTERY



**ANTIQUE & MODERN  
REUPHOLSTERY & REPAIR**

t - 01524 542760 m - 07772 553192  
191 Scotforth Rd, Lancaster  
[mail@englishupholstery.co.uk](mailto:mail@englishupholstery.co.uk)  
[www.englishupholstery.co.uk](http://www.englishupholstery.co.uk)

Time served Craftsman - Free estimates given  
Bespoke headboards and footstools made



**BEAUTIFUL WEDDING PHOTOGRAPHY  
(AT SENSIBLE PRICES)**

[www.bayphotographic.co.uk](http://www.bayphotographic.co.uk)  
Tel: 01524 762785

To advertise here  
please contact the Parish Office



## Fairtrade Easter Eggs

Meaningful Milk Chocolate Real Easter Eggs are the only ones in the UK with an Easter story booklet for children. They are Fairtrade, have 35% cocoa (check that against the 20% - 25% of usual brands!), are palm-oil free and no plastic is used in the packaging. Cost £4.50 payable on collection. Contact me by email [arton.medd@btinternet.com](mailto:arton.medd@btinternet.com) or phone 01524 64730, or sign up on the order form at the back of church.



While on the subject of chocolate, please don't give it up for Lent and thereby deprive the cocoa farmers of six weeks (almost 12%) of their annual income. You could make sure in Lent that it is all Fairtrade – and then keep up the habit!

***Arton Medd***



### **The Children's Society:**

Most of the Children's Society boxes have now been counted and the total sum raised is currently £88.05. Thanks to everyone who has contributed.

Please pick up another box from the back of church if you wish to continue to support this charity.

***Grace Illidge***